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Resources

Diabetes- Resources for Caregivers

- [American Diabetes Association Resources for Caregivers.](#)
- [National Council on Aging Tips for Caregivers for Someone an Older Adult with Diabetes..](#)
- [Caregiving Tips on Diabetes. U.S. Department of Veterans Affairs.](#)

“Take Charge of your Diabetes” Online Education Programs

- [Stanford Medicine Health Care Diabetes Care Program.](#)
- [AgeOptions Take Charge of Your Health.](#)

Diet recommendations for managing phosphorus:

- [American Kidney Fund - Your kidney-friendly food plan: Managing phosphorus.](#)

988 Suicide & Crisis Lifeline

- [988 Lifeline:](#) If you need to talk, the 988 Lifeline is here.

Cancer Caregiver Resources

- [American Cancer Society Cancer Caregiver Resources: Caregiver Guide](#)
- [American Cancer Society Cancer caregiver support](#)
- [National Cancer Institute Resources for caregivers](#)
- [Caregiver Resources Beyond City of Hope](#)

Resources to support caregivers:

- [The National Alliance for Caregiving](#)
- [Rush University Medical Center: Caring for Caregivers Program](#) – available state-wide